



Cycling Without Age Singapore

WHO WE ARE:

We are a registered charity with IPC Status. Our growing organisation of volunteers and social service partners work together to give seniors the experience of trishaw rides and virtual reality rides to feel connected with the community. We aim to continue to serve our seniors and help them combat social isolation.

OUR VISION - Inspiring hope and creating a positive impact on senior lives. **OUR MISSION** - Empowering and engaging seniors to enhance their well-being and lead a purposeful life.

WE WORK TO ACHIEVE THIS BY:

Using our trishaws as an intervention tool to allow volunteers to connect with seniors in bonding, enjoying outdoors and building conversations.

Providing rides and programmes for seniors to experience joy and a feeling of connecting with the community to help combat social isolation

HOW WE DO IT:

Since inception, we are able to provide more than 10,000 + rides to the senior community by bringing them out to different places and sceneries around Singapore

Now we expand beyond trishaw rides, to have programmes and engagement to help seniors fight social isolation, build a senior community and lead purposeful lives.





SINGAPORE

Venues

Gardens By The Bay

Passion Wave Marina Bay

ActiveSG @ Jurong Lake Gardens



What can the seniors look forward to?



Simple Activities





How to be involved?

- 1. Reach out to CWAS if you are interested to find out more on how we run our rides & programmes for the SSAs
- 2. CWAS will send over more details of the different venues, timings & programmes that we can work together
- 3. If you have any questions please reach out to us via <u>hello@withoutage.sg</u> and we are happy to provide with more details

We look forward to partner with you and bringing an excellent day out for the seniors.





THANK YOU!

https://cyclingwithoutage.sg/

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